



QUICK START GUIDE TO APA Style Citation, 6th Edition

APA style is a set of rules for how to format citations for sources. Like a street address, a citation provides descriptive information about a published source (such as a book or article) that helps a reader find it.

In APA style, there are **2 types of citation—REFERENCE LIST & IN-TEXT citations:**

1) Reference list citations are listed at the end of the paper and include details such as article title and journal title:

LAST NAME, FIRST INITIAL OF AUTHOR(S) PUBLICATION DATE TITLE OF ARTICLE TITLE OF JOURNAL VOLUME NUMBER, ISSUE NUMBER

Suzuki, D., & Collins, M. (2009). The challenge of the 21st century: Setting the real bottom line. *Round Table*, 98(404), 597-607. doi:10.1080/00358530903151896

DIGITAL OBJECT IDENTIFIER

2) In-text citations are required when a source is quoted or re-worded (i.e. paraphrased). It has **three parts:**

1. LAST NAME OF AUTHOR(S) 2. PUBLICATION DATE

Suzuki and Collins (2009) argued that consideration of environmental impacts must be integrated into economic decision-making (p. 607).

3. PAGE NUMBER(S)

Any information that is **not common knowledge** (meaning information well-known or widely understood by the general public) and copied, paraphrased, or summarized from a published source must be cited both **within the text of an assignment and at the end of the assignment in the reference list:**

<p>Historically, Canada’s economy has grown through the trade of natural resources such as lumber, fish, coal and iron. This heritage continues into the present, most notably in the growth of the oil and gas industry in the Western provinces (“The economy,” n.d., para. 4-5).</p> <p>Canada’s resource-based industries face substantial opposition; Suzuki and Collins (2009) have argued that a “new bottom line” is needed that privileges “clean air, clean water, clean soil, clean energy and biodiversity” over economic growth (p. 606). Other critics have pointed to alarming developments such as corporate influence on K-12 teaching materials and curriculum in the province of Alberta (Toledano, 2014, para. 3).</p>	<p>References</p> <p>Suzuki, D., & Collins, M. (2009). The challenge of the 21st century: Setting the real bottom line. <i>Round Table</i>, 98 (404), 597-607. doi:10.1080/00358530903151896</p> <p>The economy (n.d). <i>J.J.’s complete guide to Canada</i>. Retrieved from http://www.thecanadaguide.com/the-economy</p> <p>Toledano, M. (2014, March 24). Alberta's corporate curriculum: Reading, writing, and bitumen. <i>Vice</i>. Retrieved from http://www.vice.com/en_ca/read/albertas-corporate-curriculum-reading-writing-and-bitumen</p>
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PART 1: Reference List Citations

Reference list rules vary by format of the source. **Below are general guidelines that always apply:**

- Entries are **double-spaced** with **hanging indent** and listed in **alphabetical order**
- List authors' **last names** first, followed by **initial(s) of first name(s)**
- Place **publication year** in brackets after name of author(s); use **n.d.** if there is no date and include the month and/or day if available, i.e. (2015, November 20).
- Use **sentence case** for article and book titles (no capitalization apart from proper nouns) and *italics* for titles of books, journals, documents, films and websites
- A **digital object identifier (doi)** or "**retrieval statement**" with URL (web address) is required for electronic content; **note URL should be the official publisher or database website available on the open web** (i.e. found through Google)
- For **location of publishers**, use city and country for publishing companies outside the United States (e.g. Frankfurt, Germany); use city and state abbreviation for publishing companies in the United States (e.g. Chicago, IL)

Rules by Format

Format	Rule	Example
Print book with one author	Author, A. (Year of publication). <i>Title in sentence case and italics: Capitalize first word of subtitle</i> . City, U.S. State Abbreviation or Country: Publisher.	Anderson, N. (2013). <i>The internet police: How crime went online, and the cops followed</i> . New York, NY: Norton.
Print book, republished country-specific edition	Author, A. (Year of publication). <i>Title of work in sentence case and italics: Capitalize first word of subtitle</i> (Number of edition, country of edition, abbreviation for edition). City, U.S. State or Country: Publisher.	Kozier, B. J., Erb, G. Berman, A.J., Snyder, S. Buck, M. Yiu, L. & Leeseberg Stamler, L. (2014). <i>Fundamentals of Canadian nursing: Concepts, process and practice</i> (3rd Canadian ed.). Toronto, Canada: Pearson
eBook with more than one author (from library databases)	Author, A. (Year of publication). <i>Title of work in sentence case and italics: Capitalize first word of subtitle</i> . Retrieved from Name database.	Catterick, M., & Curran, L. (2014). <i>Understanding fetal alcohol spectrum disorder: A guide to FASD for parents, carers and professionals</i> . Retrieved from EBSCOHost eBook Collection.
Chapter in edited book or short work in an anthology	Author, A. A., & Author, B. B. (Year of publication). Title of chapter or work in sentence case. In A. A. Editor & B. B. Editor (Eds.), Title of book in sentence case and italics (first page of chapter– last page of chapter). City, U.S. state or Country: Publisher.	Cleveland, G. (2012). The economics of early childhood education and care in Canada. In L. Prochner & N. Howe (Eds.). <i>Recent perspectives in early childhood education and care in Canada</i> (80-108). Toronto, Canada: University of Toronto Press.
Journal article (with doi)	Author, A. (Year of publication). Title of article in sentence case: First word of subtitle capitalized. <i>Title of Journal in Mixed Case in italics, volume number in italics</i> (issue number in brackets), first page-last page. doi: 10.xxx/yyyy	Spitz, D., & Hunter, S. (2005). Contested codes: The social construction of Napster. <i>Information Society</i> , 21(3), 169-180. doi: 10.1080/01972240490951890
Journal article (without doi)	Author, A. A. & Author, B. B. (Year). Title of article in sentence case: First word of subtitle capitalized. <i>Title of Journal in Mixed Case in italics, volume number in italics</i> (issue number in brackets), first page-last page. Retrieved from http://www.journalwebsite.com	Labbo, L. D., Place, K., & Soares, L. (2010). Fresh perspectives on new literacies and technology integration. <i>Voices From the Middle</i> , 17 (3), 9-18. Retrieved from http://www.ncte.org
Journal article with doi, 8 or more authors	Last Name, First Initial of first 6 authors ... Last Name, First Initial of last author. (Year of publication). Title in sentence case: First word of subtitle capitalized. <i>Title of Journal in Mixed Case in italics, volume number in italics</i> (issue number in brackets), first page-last page. doi: 10..xxx/yyyyy	Yasuhara, T., Agari, T., Kameda, M., Kondo, A., Kuramoto, S., Jing, M., ... Date, I. (2013). Regenerative medicine for epilepsy: From basic research to clinical application. <i>International Journal Of Molecular Sciences</i> , 14(12), 23390-23401. doi: 10.3390/ijms141223390

Format	Rule	Example
Library database entry/page with no author (e.g. DynaMED)	Name of Organization. (Publication year). Title of database entry/page. Retrieved date of access from Name database.	American Society of Health-System Pharmacists. (2014, September 4). <i>Codeine</i> . Retrieved from DynaMED database.
Library database entry/page with author(s) (i.e. encyclopedia or reference page)	Author, A. (Publication year). Title of database entry/page. <i>Name of Database in mixed case and italics</i> . Retrieved from Name database.	Smith, N, Richards, S, Pravikoff, D, & CINAHL Information Systems (2014, April). Poisoning, accidental: Responding. <i>Nursing Reference Center</i> . Retrieved from Nursing Reference Center database.
Article from an online newspaper or magazine	Author, A. (Publication year, month day). Title of document in sentence case: First word of subtitle capitalized. <i>Title of Website or Publication in mixed case and italics</i> . Retrieved from http://website.com/full	Toledano, M. (2014, March 24). Alberta's corporate curriculum: Reading, writing, and bitumen. <i>Vice</i> . Retrieved from http://www.vice.com/en_ca/read/albertas-corporate-curriculum-reading-writing-and-bitumen
Document from website of government or organization	Author, A. (Publication year). <i>Title of document in sentence case and italics</i> . Retrieved from http://website.org/url	Dauvergne, M. (2013). <i>Youth court statistics in Canada, 2011/2012</i> . Retrieved from http://www.statcan.gc.ca/pub/85-002-x/2013001/article/11803-eng.pdf
Web page with group or organizational author	Name of group or organization. (Publication year). Title of web page in sentence case. <i>Name of website in mixed case and italics</i> . Retrieved from http://website.com/url	American Psychological Association (2014). What is APA style? <i>APA Style Blog</i> . Retrieved from http://www.apastyle.org/learn/faqs/what-is-apa-style.aspx
Web page with no author or publication date	Title of article or web page. (n.d.). <i>Name of website in mixed case and italics</i> . Retrieved from http://website.ca/full	The economy (n.d). <i>J.J.'s complete guide to Canada</i> . Retrieved from http://www.thecanadaguide.com/the-economy
Film in DVD format	Producer, P. P. (Producer), & Director, D. D. (Director). (Date of release). <i>Title in sentence case and italics</i> [format in square brackets]. Country of origin: Film studio or distributor.	Zanuck, R. D., Brown, D. (Producers), & Spielberg, S. (Director). (1975). <i>Jaws</i> [Motion picture]. United States: Universal Pictures.
Online streaming video from YouTube	Username, Producer or Author. (Role) (Publication year). <i>Title of video in sentence case and italics</i> [format in square brackets]. Retrieved from http://websiteofvideo.com/full	Yale University (Producer). (2010, April 14). <i>Globalization of energy demand</i> [Video clip]. Retrieved from http://www.youtube.com/watch?v=RJM7HLYzCM
Online image with no photographer	Title of image [format]. (Publication year). Retrieved from http://www.image.com	Calgary bus in flood [Digital image]. (2013). Retrieved from http://www.arttrends.ca/calgary-flood/528/
Course module/lecture slides in D2L	Name of Institution. (Publication year). Course code: Title in sentence case [Format in square brackets]. Retrieved from d2l.bowvalleycollege.ca	Bow Valley College (2014). HHC0302: Evidence-based nursing practice [PowerPoint slides]. Retrieved from https://d2l.bowvalleycollege.ca

PART 2: In-Text Citations

- All citations should have author(s), publication year, and page number
- Use “p.” to cite one page and “pp.” to cite more than one page
- Place citations in the text in one of 3 ways:

1) In brackets at the end of the sentence:	(Meltzer, 2014, p. 8)
2) Beginning with author in a signal phrase with year and page number in brackets at the end:	According to Meltzer, a carbon tax could increase “growth in green technologies “ (2014, p. 8).
3) Beginning with author followed by year in brackets and page number in brackets at the end:	According to Meltzer (2014), a carbon tax could increase “growth in green technologies “ (p. 8).

Rules by Author(s)

APA style uses the **author-date method** with **brackets ()** to incorporate citation details. This chart shows how guidelines vary according to **amount or type of authors**:

Author(s)	Rule	Example(s)
ONE author	Cite last name in all in-text citations	Bedford (2012) discovered APA style is a difficult format for first-time learners (p. 9).
TWO authors	Combine both names with "&" in brackets or "and" in signal phrase	Research conducted by Bedford and Smith (2008) found many students failed to ask their teacher or librarian for help (p. 7)
THREE to FIVE authors	List all names in signal phrase or brackets for the first citation. In all following citations, use first author's last name with "et al."	<ul style="list-style-type: none"> • The evidence showed Leif Eriksson was "the first European to set foot on North American soil" (Wilson, Kravitz, Thomson & Petty, 2011, pp. 94-98). • Wilson et al. (2011) found that Leif Eriksson was "the first European to set foot on North American soil" (pp. 94-98).
SIX or more authors	For all citations, use the first author's name followed by "et al."	In a randomized control trial conducted on diabetic patients, Shaughnessy et al. (2007) found the medication to be effective in 72% of patients (p. 109).
NO author specified	Cite the entire or a shortened version of the title of the work	The <i>New York Times</i> reported Google was involved in anti-competitive practices ("Patent Trials," 2010, para. 3).
GROUP or CORPORATE author	Cite the full name of the group or organization. If lengthy, cite the full name in first citation and use an abbreviation for following citations.	In a 2010 report, the Canadian Medical Association (CMA) concluded there is no causal link between vaccinations and the increase in clinical diagnoses of autism spectrum disorders. Moreover, the CMA warned that such assumptions may lead to the return of childhood illnesses such as the measles (pp. 18-21).
INTERVIEW, PRESENTATION OR SPEECH (Unpublished)	Unless it is electronically published, only cite in-text: include full date, initials and last name of the person(s)	A registered nurse explained how “elderly patients with dementia often wander off the premises of nursing homes” (J. McGill, Interview, October 12, 2015).

1) What is a digital object identifier (doi)?

Similar to a serial number, a doi is an alphanumeric code assigned to an electronic publication such as a journal article or ebook. It provides a permanent way of locating it online.

There are **two ways** to identify a doi:

- ⇒ Begins with "http://dx.doi.org/": <http://dx.doi.org/10.1037/a0028240>
- ⇒ Begins with "10.": [10.1037/a0028240](http://dx.doi.org/10.1037/a0028240)

2) Where do I find the doi for an article?

The doi will be at the bottom of the library catalogue or database record and/or the first page of the article itself:

JAN JOURNAL OF ADVANCED NURSING

ORIGINAL RESEARCH

Fertility-awareness knowledge, attitudes, and practices of women seeking fertility assistance

Kerry D. Hampton, Danielle Mazza & Jennifer M. Newton

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Correspondence to K.D. Hampton: e-mail: kerry.hampton@monash.edu

Kerry D. Hampton MA RN RM Doctoral Candidate Department of General Practice, School of Primary Health Care, Faculty of Medicine, Nursing and Health Sciences, Monash University, Notting Hill, Victoria Australia

Danielle Mazza MBBS MD FRACGP Professor, Head of Department Department of General Practice, School of Primary Health Care, Faculty of Medicine, Nursing and Health Sciences, Monash University, Notting Hill, Victoria Australia

Jennifer M. Newton RN EdD Grad Cert Sci Senior Research Fellow School of Nursing and Midwifery, Monash University, Clayton Campus, Victoria

HAMPTON K.D., MAZZA D. & NEWTON J.M. (2013) Fertility-awareness knowledge, attitudes and practices of women seeking fertility assistance. *Journal of Advanced Nursing* 69(5), 1076–1084. doi: [10.1111/j.1365-2648.2012.06095.x](https://doi.org/10.1111/j.1365-2648.2012.06095.x)

Abstract
Aims. To report a descriptive study of fertility-awareness knowledge, attitudes, and practice of infertile women seeking fertility assistance.
Background. Previous research has suggested that poor fertility-awareness may be a contributing cause of infertility among women seeking fertility assistance at assisted reproductive technology clinics. The actual practices and attitudes towards fertility-awareness in this particular group of women are unknown.
Design. A cross-sectional questionnaire-based survey.
Methods. The study was conducted over 6 months, from 2007–2008, of women on admission to two assisted reproductive technology clinics in a major city in Australia.
Results. Two hundred and four of 282 distributed questionnaires were completed (response rate = 72.3%). Eighty-three per cent had attempted conception for 1 year or more. 86.8% actively tried to improve their fertility-awareness from

Fertility-awareness knowledge, attitudes, and practices of women seeking fertility assistance

Authors: Hampton, Kerry D.; Mazza, Danielle; Newton, Jennifer M.

Affiliation: Department of General Practice, School of Primary Health Care, Faculty of Medicine, School of Nursing and Midwifery, Monash University

Source: *Journal of Advanced Nursing* (J ADV NURS), 2013 May; 69 (5): 1076-84. (45 ref)

Publication Type: journal article - research, tables/charts

Language: English

Major Subjects: Fertility -- Education
 Infertility -- Therapy
 Health Knowledge
 Reproductive Health
 Women's Health
 Primary Health Care
 Family Planning, Natural
 Patient Education
 Office Nursing
 Nursing Practice

Minor Subjects: Pregnancy; Descriptive Research; Cross Sectional Studies; Surveys; Victoria; Descriptive Research; Scaling; Scales; Data Analysis Software; Regression; P-Value; Interrater Reliability; Knowledge

Abstract: Aims To report a descriptive study of fertility-awareness knowledge, attitudes, and practice of infertile women seeking fertility assistance at assisted reproductive technology clinics. The actual practices and attitudes towards fertility-awareness in this particular group of women are unknown. Design A cross-sectional questionnaire-based survey. Methods The study was conducted over 6 months, from 2007–2008, of women on admission to two assisted reproductive technology clinics in a major city in Australia. Results Two hundred and four of 282 distributed questionnaires were completed. Eighty-three per cent had attempted conception for 1 year or more. 86.8% actively tried to improve their fertility-awareness from one or more sources of the information, 68.2% believed they could accurately identify this window. Ninety-four per cent believe that a woman should receive assisted reproductive technology clinics attempt timed intercourse within the fertile window cause of infertility.

Journal Subset: Core Nursing; Europe; Nursing; Peer Reviewed; UK & Ireland

Special Interest: Advanced Nursing Practice; Women's Health

ISSN: 0309-2402

MEDLINE Info: PMID: 22764878 NLM UID: 7609811

Entry Date: 20130405

Revision Date: 20140509

DOI: [http://dx.doi.org/10.1111/j.1365-2648.2012.06095.x](https://doi.org/10.1111/j.1365-2648.2012.06095.x)

3) How do I cite a journal article with no doi?

Not all sources have a doi. Instead, create a retrieval statement: use a search engine (i.e. Google) to find the journal's website then copy the main (home) page URL (web address) to the end of the citation with the phrase "Retrieved from." Below are two examples:

Thornton, J. C., & Byrd, J. T. (2013). Social responsibility and the small business. *Academy Of Entrepreneurship Journal*, 19(1), 41-75. Retrieved from <http://www.alliedacademies.org/public/journals/JournalDetails.aspx?jid=6>

Harris, S., Renko, M., & Caldwell, K. (2013). Accessing social entrepreneurship: Perspectives of people with disabilities and key stakeholders. *Journal Of Vocational Rehabilitation*, 38(1), 35-48. Retrieved from <http://www.iospress.nl/journal/journal-of-vocational-rehabilitation/>

4) What if a source (such as a web page) has no page numbers?

If there are no page numbers, substitute a **paragraph number** OR a **shortened version of a subheading within the text**:

- | | |
|--|---|
| <ul style="list-style-type: none"> • Count the paragraphs and use the abbreviation para.:
Stigma is a major obstacle to adequate treatment for mental illness in Canada (Hall, 2008, para. 5). | <ul style="list-style-type: none"> • Use the entire or part of a heading in quotation marks:
The Canadian Mental Health Association (CMHA) stated that stigma is a major barrier "to diagnosis and treatment" (2013, "Fast Facts"). |
|--|---|

5) What is a signal phrase?

When using a source through quotation or paraphrase, is best to use a **signal phrase**, which is a **brief clause or sentence that includes the author(s) name in a way that provides context**:

- According to Johnson’s (2014) interpretation , the Calgary Stampede is rooted in conservative political ideologies (p. 17).
- A research study conducted by Sundeen, Haughney, and Magliozzi illustrated this treatment was ineffective in reducing the risk of relapse (2012, pp. 214-218).

In APA style, signal phrases must be **past tense**. For example:

- ⇒ Several research studies **demonstrated...**
- ⇒ Haughney et al. (2013) **claimed...**
- ⇒ Sundeen and Smith (2015) **reported...**
- ⇒ A case study **suggested...**

6) Where do I find volume and issue numbers for a journal article?

Journals are *periodicals*, which are published at regular intervals or time periods.

This means **volume and issue** numbers are needed to show exactly when and where the article was published.

Volume and issue numbers are listed next to **Source** in the library database record:

7) How do I cite secondary sources (“a source inside a source”)?

To use quotes or information within a source that originate from another source, you must credit **both sources**. Cite **BOTH sources** through in-text citation but cite **ONLY** the actual source you are using in the reference list. **See these examples:**

<p>Work cited in a source by paraphrase, summary or direct quote</p>	<ul style="list-style-type: none"> • Identify author(s) and date of original source in signal phrase • Use "as cited in" for citation of the actual source in the bracket citation • Cite the actual source on-hand in the reference list 	<p>Smith refers to the ideas of Johnson (the original source):</p> <p>Johnson (2008) argued that the Calgary Stampede is rooted in conservative political ideologies (as cited in Smith, 2013, p. 102)</p> <p>In the reference list, only cite the source by Smith.</p>
<p>Direct quote that contains one or more in-text citations</p>	<ul style="list-style-type: none"> • Include citations within the quotation • Indicate the author(s), year and page number(s) of the actual source in the bracket citation • Cite the actual source on-hand in the reference list 	<p>Holden et al. cites multiple research studies (the original sources):</p> <p>An increasing amount of evidence “undermines the notion that digital natives have a unique aptitude for digital technologies (Hargittai & Feldman, 2010; Jones & Czerniewicz, 2010; Hope, 2011)” (Holden et al., 2012, pp. 9-10).</p> <p>In the reference list, only cite the source by Holden et al.</p>